Rectal examinations...

...are not needed to test for prostate cancer. A quick blood test can do the dirty work. To get yourself checked, talk to your GP without delay and **nip it in the bud**.

To learn more about signs, symptoms and risks of prostate cancer, scan the QR code below or visit **fcn.org.uk/cancersupport/**

#NipItInTheBud

FCN FarmWell
INFORMATION SUPPORT | RESILIENCE

The Farming Community Network, registered charity in England and Wales (1095919) and Scotland (SC053538). Also operating in Northern Ireland.

In partnership with

MACMILLAN CANCER SUPPORT

Macmillan Cancer Support, registered charity in England and Wales (261017), Scotland (SC039907) and the Isle of Man (604). Also operating in Northern Ireland.

SCAN ME

Scan for more information