Going to the toilet more often...

...could be one of the signs of bowel cancer. If you notice any unusual changes in your bowel habits, talk to your GP without delay and **nip it in the bud**.

To learn more about signs, symptoms and risks of bowel cancer, scan the QR code below or visit **fcn.org.uk/cancersupport/**

#NipItInTheBud

FCN FarmWell
INFORMATION SUPPORT | RESILIENCE

The Farming Community Network, registered charity in England and Wales (1095919) and Scotland (SC053538). Also operating in Northern Ireland.

In partnership with
MACMILLAN CANCER SUPPORT

Macmillan Cancer Support, registered charity in England and Wales (261017), Scotland (SC039907) and the Isle of Man (604). Also operating in Northern Ireland.

SCAN ME

Scan for more information