

## **Additional training opportunities for FCN Volunteers**

### **in partnership with Macmillan Cancer Support**

As part of a UK-wide partnership between The Farming Community Network (FCN) and Macmillan Cancer Support, FCN Volunteers are invited to complete training from Macmillan Cancer Support to help you have supportive and sensitive conversations about cancer and other issues, and to signpost people to the most appropriate sources of support.

This training includes:

- 30 minute induction presentation with Macmillan Cancer Support
- 'Introduction to cancer and its treatment'
- 'Listening and responding'
- 'Support after grief loss and bereavement'

### **VOLUNTEER ROLE PROFILE**

#### **How this training can help you to support people in farming/rural communities**

Working in partnership, FCN and Macmillan Cancer Support will aim to reach people affected by cancer in farming and rural communities.

As an FCN Volunteer you may find yourself talking to people within farming and rural communities who are experiencing a range of pressures or challenges, both personal and business-related.

Cancer affects many families, and it may be that people you are supporting in your volunteering role have cancer, or know somebody else who has cancer, such as a family member or friend.

It can be helpful for you to have more knowledge about cancer so that you can provide information and support to people in these situations. This training will also help you to better understand some of the signs and symptoms of cancer.

#### **What will you be doing?**

- Providing a listening ear to people affected by cancer who are looking for support in your community
- Signposting people to Macmillan or other cancer support services
- Talking to people about the signs and symptoms of cancer
- Talking to people about cancer with greater confidence

- Where available, encouraging people to talk about their health needs with local organisations

### Useful skills

- Ability to work well with others
- Good communication skills, you will enjoy talking to other people and explaining things in a way that is easy-to-understand
- A good listener – talking about cancer can be difficult and we want you to help people talk about it more
- An interest in helping people
- Ability to travel in your local area

### What's in it for you?

- Receive training and support to help you carry out your volunteering role with FCN
  - Develop your knowledge of cancer, and health and social care services locally
  - The opportunity to share and develop your skills and learn new ones
  - Meet new people as part of a friendly team
  - Get to know more about your local community
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Some frequently asked questions are below:

#### How long will this training take?

- **'Induction presentation' from Macmillan Cancer Support** – 30 minutes
- **Macmillan's heritage video for volunteers** – 6 minutes.
- **'Introduction to cancer and its treatment' training** – 3 hours  
*This course consists of 8 modules. This self-paced learning gives you the opportunity to progress through the materials at your own pace.*
- **'Listening and responding' training** – 1 hour  
*This course consists of 5 videos.*
- **'Support after grief loss and bereavement' training** – 1 hour  
*This course consists of 5 modules.*

#### How is the training delivered?

- The training is available via e-learning and can be conducted/completed in your own time.
- The 'Induction presentation' will be coordinated separately with staff members from Macmillan Cancer Support.

#### How can I access this training?

- Once you have indicated you would like to undertake this training, we will provide you with the relevant web links and information to access it.

### **What do I receive upon completing this training?**

- You will receive a record of completion, which will confirm the training has been completed. Records of completion can be shared with the FCN training team ([training@fcn.org.uk](mailto:training@fcn.org.uk)).
- An electronic information pack will also be shared consisting of specific resources to support volunteers.

### **Will I have access to additional training/resources/ongoing involvement with Macmillan Cancer Support?**

- You will be able to use the site and access different/ongoing training to help to enhance your knowledge, skills and understanding on a range of topics.

**Please note: upon completing this training, you will not be considered a cancer specialist.**

**You will, however, have greater awareness of cancer, its signs and symptoms, and how it can impact people in different ways.**

If you would like to get involved in this training, please email [training@fcn.org.uk](mailto:training@fcn.org.uk)